



**SCU NSW METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
11-12 DECEMBER 2010**

Session One					Session Two				
Saturday 11 December 9.00AM					Saturday 11 December NOT BEFORE 12.30PM				
M	W				M	W			
1	2	14/15 Years	200m	Butterfly	29	30	Open	50m	Butterfly
3	4	16 Years/Over	200m	Butterfly	31	32	13 Years/Under	200m	Butterfly
5	6	14 Years	100m	Breaststroke	33	34	14/15 Years	200m	Freestyle
7	8	15 Years	100m	Breaststroke	35	36	16 Years/Over	200m	Freestyle
9	10	16 Years/Over	100m	Breaststroke	37	38	Open MC	50m	Breaststroke
11	12	14 Years	100m	Backstroke	39	40	13 Years/Under	200m	Backstroke
13	14	15 Years	100m	Backstroke	41	42	10 Years/Under	100m	Breaststroke
15	16	16 Years/Over	100m	Backstroke	43	44	11 Years	100m	Breaststroke
17	18	Open	50m	Breaststroke	45	46	12 Years	100m	Breaststroke
19	20	13 Years/Under	200m	Individual Medley	47	48	13 Years	100m	Breaststroke
21	22	14/15 Years	200m	Individual Medley	49	50	10 Years/Under	100m	Freestyle
23	24	16 Years/Over	200m	Individual Medley	51	52	11 Years	100m	Freestyle
25	26	Open MC	50m	Freestyle	53	54	12 Years	100m	Freestyle
27		Open	1500m	Freestyle	55	56	13 Years	100m	Freestyle
	28	Open	800m	Freestyle					

Session Three					Session Four				
Sunday 12 December 9.00AM					Sunday 12 December NOT BEFORE 12:30PM				
M	W				M	W			
57	58	14/15 Years	400m	Freestyle	85	86	14/15 Years	400m	Individual Medley
59	60	16 Years/Over	400m	Freestyle	87	88	16 Years/Over	400m	Individual Medley
61	62	14 Years	100m	Butterfly	89	90	Open MC	50m	Butterfly
63	64	15 Years	100m	Butterfly	91	92	Open	50m	Backstroke
65	66	16 Years/Over	100m	Butterfly	93	94	13 Years/Under	200m	Freestyle
67	68	13 Years/Under	200m	Breaststroke	95	96	14/15 Years	200m	Breaststroke
69	70	14/15 Years	200m	Backstroke	97	98	16 Years/Over	200m	Breaststroke
71	72	16 Years/Over	200m	Backstroke	99	100	10 Years/Under	100m	Backstroke
73	74	13 Years/Under	400m	Freestyle	101	102	11 Years	100m	Backstroke
75	76	Open	50m	Freestyle	103	104	12 Years	100m	Backstroke
77	78	14 Years	100m	Freestyle	105	106	13 Years	100m	Backstroke
79	80	Open MC	50m	Backstroke	107	108	10 Years/Under	100m	Butterfly
81	82	15 Years	100m	Freestyle	109	110	11 Years	100m	Butterfly
83	84	16 Years/Over	100m	Freestyle	111	112	12 Years	100m	Butterfly
					113	114	13 Years	100m	Butterfly

AGE AS AT 11 DECEMBER 2010

MANUAL ENTRIES CLOSE 5PM MONDAY 29 NOVEMBER, 2010

ONLINE ENTRIES CLOSE 3PM WEDNESDAY 1 DECEMBER, 2010

ENTRY FEE \$12.50 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**SCU NSW METROPOLITAN CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 11-12 DECEMBER 2010**

Qualifying Times – Men & Boys

FREESTYLE		Open	16yrs/Over	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs/Under
	50m	0:26.00							
	100m		0:57.50	1:00.00	1:01.50	1:04.00	1:08.00	1:12.00	1:16.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:07.00	2:13.00		2:19.00			
	400m		4:31.00	4:35.00		4:55.00			
	1500m	17:30.00							
BACKSTROKE	50m	0:31.50							
	100m		1:08.50	1:12.50	1:12.50	1:15.00	1:19.50	1:24.50	1:28.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:30.50	2:33.00		2:43.00			
BREASTSTROKE	50m	0:34.50							
	100m		1:18.00	1:23.00	1:23.00	1:26.00	1:31.00	1:38.00	1:42.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:52.00	2:58.00		3:05.00			
BUTTERFLY	50m	0:28.50							
	100m		1:04.50	1:09.00	1:10.50	1:13.50	1:19.50	1:25.50	1:33.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:28.50	2:37.00		2:50.00			
INDIVIDUAL MEDLEY			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:28.00	2:30.00		2:40.00			
	400m		5:15.00	5:18.00					

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 11-12 DECEMBER 2010**

Qualifying Times – Women & Girls

FREESTYLE		Open	16yrs/Over	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs/Under
	50m	0:29.50							
	100m		1:04.50	1:06.00	1:06.00	1:07.00	1:08.50	1:12.00	1:17.50
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:20.50	2:21.00		2:24.00			
	400m		4:52.00	4:57.00		5:04.00			
	800m	9:45.00							
BACKSTROKE	50m	0:34.00							
	100m		1:16.50	1:17.00	1:17.00	1:17.50	1:19.50	1:23.00	1:29.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:42.00	2:42.00		2:44.00			
BREASTSTROKE	50m	0:38.50							
	100m		1:27.50	1:28.50	1:28.50	1:30.00	1:32.00	1:38.00	1:42.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		3:07.00	3:08.00		3:10.00			
BUTTERFLY	50m	0:31.50							
	100m		1:14.00	1:15.50	1:15.50	1:17.50	1:20.50	1:27.00	1:34.00
			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:45.00	2:48.00		2:53.00			
INDIVIDUAL MEDLEY			16yrs/Over	14/15yrs		13yrs/Under			
	200m		2:42.00	2:40.00		2:43.50			
	400m		5:40.00	5:45.50					

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SCU
NSW METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
11-12 DECEMBER 2010

Qualifying Times- Multi-Class

MEN & BOYS					
	Freestyle	Backstroke	Butterfly		Breaststroke
S1	01:49.7	02:16.8	03:18.5	SB1	02:37.1
S2	01:41.0	01:48.4	02:55.9	SB2	01:34.5
S3	01:16.7	01:28.6	01:43.5	SB3	01:22.8
S4	00:59.1	01:16.8	01:15.8	SB4	01:18.4
S5	00:54.8	01:01.7	01:02.8	SB5	01:10.9
S6	00:48.0	00:57.1	00:50.7	SB6	01:04.0
S7	00:44.6	00:55.6	00:48.9	SB7	01:00.6
S8	00:41.8	00:52.6	00:46.8	SB8	00:56.5
S9	00:40.8	00:48.9	00:45.7	SB9	00:52.3
S10	00:36.5	00:46.3	00:42.1		
S11	00:43.6	00:54.3	00:52.6	SB11	00:58.3
S12	00:38.7	00:47.2	00:43.4	SB12	00:51.4
S13	00:38.5	00:45.6	00:42.6	SB13	00:49.6
S14	00:39.4	00:47.5	00:42.4	SB14	00:47.2
S15	00:37.2	00:43.5	00:40.6	SB15	00:45.8
S16	00:43.1	00:51.4	00:45.5	SB16	00:53.0
WOMEN & GIRLS					
	Freestyle	Backstroke	Butterfly		Breaststroke
S1	02:13.8	02:18.1		SB1	02:54.5
S2	02:06.8	02:12.1		SB2	02:06.3
S3	01:37.7	01:43.6	01:38.8	SB3	01:34.4
S4	01:05.9	01:22.2	01:34.7	SB4	01:31.0
S5	01:01.2	01:08.6	01:08.2	SB5	01:20.8
S6	00:56.2	01:12.6	1:01.03	SB6	01:13.2
S7	00:52.7	01:02.5	00:58.3	SB7	01:10.8
S8	00:49.1	01:00.4	00:56.6	SB8	01:01.1
S9	00:45.8	00:52.9	00:52.5	SB9	01:00.2
S10	00:44.3	00:56.8	00:54.3		
S11	00:54.3	01:04.6	01:01.0	SB11	01:09.9
S12	00:43.7	00:52.5	00:49.6	SB12	01:01.3
S13	00:42.7	00:53.6	00:48.9	SB13	00:57.5
S14	00:45.2	00:50.8	00:48.4	SB14	00:57.4
S15	00:42.7	00:50.4	00:47.7	SB15	00:55.7
S16	00:49.4	00:57.0	00:53.0	SB16	01:07.3

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